

**Scot McKay, M.D.**  
30 Burton Hills Blvd., Suite 375  
Nashville, TN 37215  
Phone 615-327-4877 Fax 615-327-4881  
<http://healthymindsnashville.com>

**Patient Information:**

Last Name: \_\_\_\_\_ First: \_\_\_\_\_ MI: \_\_\_\_\_

Prefers to be called (if different from legal name): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zipcode: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

\* Please indicate if you do not want us to leave voice mail on the phone numbers listed.

Date of Birth: \_\_\_\_ \ \_\_\_\_ \ \_\_\_\_ Age: \_\_\_\_\_ Sex: MALE / FEMALE

Social Security #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ (not required for minors)

Who referred you to Dr. McKay? \_\_\_\_\_

**Personal Information:**

Mother's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**Electronic Mail (EMAIL) Policy:**

By agreeing to communicate via email, you are assuming a certain degree of risk of breach of privacy beyond that inherent in other modes of traditional communication (such as telephone, written, or face-to-face). We cannot ensure the confidentiality of our electronic communications against purposeful or accidental network interception. Due to this inherent vulnerability, we will save email correspondence with you and these communications should be considered part of the medical record; therefore, you should consider that our electronic communications may not be confidential and will be included in your medical chart. Never send emails of an urgent or emergent nature and please contact the office if you have not received a reply within 24 hours.

\*I have read and agree to the terms of the email policy X \_\_\_\_\_

**Email address:** \_\_\_\_\_

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**Payment Policy:**

Payment is expected at the time of service. Payment may be made by cash, check or credit card.

**Appointment Charges / Cancellation Policy:**

We do not overbook appointments and appointments made are reserved for the patient. We require a **24 hour cancellation notice**. Patients will be charged the full session rate if they do not cancel an appointment within the 24 hour time frame. Patients will also be charged the full session rate if they fail to keep their appointment on the day it is scheduled. Insurance does not cover missed or cancelled appointments. If you need to change or reschedule an appointment please call our office as soon as you can so we can accommodate other patients who wish to be seen.

\* For your convenience we are able to keep a credit card on file to charge at your appointments. If you would like to use this service please fill in the information below.

**Credit/Debit Card Payment for appointments:**

\_\_\_\_\_ Visa    \_\_\_\_\_ Master Card    \_\_\_\_\_ Discover    \_\_\_\_\_ AMEX

**Security Code:** \_\_\_\_\_

**Name as it appears on Card:** \_\_\_\_\_ **Billing Zip Code** \_\_\_\_\_

**Credit/Debit Card #:** \_\_\_\_\_ **Exp. Date** \_\_\_\_\_

I/we authorize Scot McKay, M.D. to bill the above credit/debit card for professional services at the time of service. I will notify Scot McKay, M.D. in writing if I no longer want my credit/debit card billed. I understand that if I do not want my credit card billed for this purpose, I am still responsible for these fees and will be billed accordingly.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Credit/Debit Card Payment for missed or cancelled appointments:**

I authorize Scot McKay, M.D. to charge the above credit/debit card when the patient does not give advance notice for a late-cancellation or no-show, as per the policies. I understand that if I do not want my credit card billed for this purpose, I am still responsible for these fees and will be billed accordingly.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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### **Insurance Policy:**

All of our providers are out of network with insurance. We are happy to file your insurance for you; however, our filing your insurance does not guarantee payment from them. Payment is due at the time of service regardless of your insurance.

At your request we will file each visit with your primary insurance company. Please provide us with a copy of your insurance card. It is the patient's responsibility to make sure we have current and correct information at all times. It is up to you to update insurance information with us as it changes. Regardless of the status of your insurance, you are responsible for payment at the time of service. In the event we receive reimbursement from your insurance company your account will be credited.

### **Office Hours:**

Dr. McKay's office hours are by appointment Monday through Friday. The front office is open Monday through Thursday 9am – 4pm and Friday 9am – 2pm. If you need to contact the office regarding an appointment, billing questions or for general needs please call during these hours.

If you need to speak with your doctor between office visits please call the office 9am-4pm. We will be able to get a message to your doctor asking him to call you back.

### **Medication refill policy:**

Medication refill requests require 24 hours notice. If medication refills are required between appointments please have your pharmacy fax us a refill request. If you need to call for a refill you can do so Monday through Thursday 9am-4pm and Friday 9am-12 noon. Refills will be communicated to your pharmacy within 24 hours during regular business hours. After hours and weekend requests may not be called in until the next business day. Please call with your prescription information and dosage as well as your pharmacy name, location and phone number. We will need this information to complete your refill request.

### **Emergencies:**

To reach your doctor after office hours call the main office at 615-327-4877 and press 0 to be connected to our answering service. You may hear silence while the line connects. They will page your doctor or the on call doctor for any urgent needs you may have after hours. If you are experiencing an emergency and cannot wait, please call 911.

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**Consent to Treatment and Patient Responsibility:**

- I have read the policies listed above and I understand and agree to them. I agree to be treated by Scot McKay, M.D., and when necessary, any doctors covering in his absence.
- If I choose to have my insurance filed for me I hereby authorize payment by my insurance company directly to Scot McKay, M.D.
- I hereby authorize Scot McKay, M.D. to release any information my insurance company may require concerning patient care in regards to billing or prescription needs.

**Patient's Signature** (Parent or Guardian, if under 18): \_\_\_\_\_

**Date:** \_\_\_\_\_

**Financial Responsibility Agreement:**

I, the undersigned, regardless of any insurance coverage, am financially responsible for all charges for services rendered. Office policy requires payment at the time of service. I understand that unpaid balances over 30 days may be subject to a late fee. I understand that unpaid balances over 90 days are past due and may be referred to a collection agency.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Termination of Treatment:**

Patients are not obligated to continue treatment. If you decide to terminate at any time, you are encouraged to discuss your decision to terminate care with your doctor.

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**Person Responsible for Payment - (complete if the patient is NOT paying for the bill):**

Name of person responsible for bill: \_\_\_\_\_

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_ \ \_\_\_\_ \ \_\_\_\_ SS#: \_\_\_\_\_

## Privacy Practices Acknowledgment Form

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information. I understand that this information can and may be used in the following ways:

- **Treatment** means providing, coordinating, or managing health care and related services by one or more healthcare providers. An example of this would include completing a prior authorization for medication on your behalf through your insurance company and pharmacy.
- **Payment** means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review (a health insurance company's opportunity to review a request for medical treatment). An example of this would be sending a bill for your visit to your insurance company for payment or communication with your insurance company regarding treatments you have received or requested that have been billed to them.
- **Health care operations** include the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, cost-management analysis, and customer service. An example would be an internal quality assessment review.

I have been informed by you of your notice of privacy practices containing a more complete description of the uses and disclosures of my health information. I have been given the right to review such notice of privacy practices prior to signing this consent. I understand that this organization has the right to change its notice of privacy practices from time to time and that I may contact this organization at any time to obtain a current copy of the notice of privacy practices.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment, or health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions. I understand that I may revoke this consent in writing at any time, except to the extent that you have taken action relying on the consent.

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Patient Name Signature

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Date

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Relationship to Patient

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Date

## **Notice of Privacy Practices (Medical)**

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

The Health Insurance Portability & Accountability Act of 1996 (“HIPAA”) is a federal program that requires that all medical records and other individually identifiable health information used or disclosed by us in any significant new rights to understand and control how your health information is used. “HIPAA” provides penalties for covered entities that misuse personal health information.

As required by “HIPAA”, we have prepared this explanation of how we are required to maintain the privacy of your health information and how we may use and disclose your health information.

We may use and disclose your medical records only for each of the following purposes: treatment, payment and health care operations.

- **Treatment** means providing, coordinating, or managing health care and related services by one or more healthcare providers. An example of this would include completing a prior authorization for medication on your behalf through your insurance company and pharmacy.
- **Payment** means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review (a health insurance company's opportunity to review a request for medical treatment). An example of this would be sending a bill for your visit to your insurance company for payment or communication with your insurance company regarding treatments you have received or requested that have been billed to them.
- **Health care operations** include the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, cost-management analysis, and customer service. An example would be an internal quality assessment review.

We may also create and distribute de-identified health information by removing all references to individually identifiable information.

We may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

We may communicate with you by email through an encrypted email system as referenced in your new patient paperwork.

We may call your name in the waiting area which could be overheard by others.

Any other uses and disclosures will be made only with your written authorization. You may revoke such authorization in writing and we are required to honor and abide by that written request, except to the extent that we have already taken actions relying on your authorization.

You have the following rights with respect to your protected health information, which you can exercise by presenting a written request to your provider:

- The right to request restrictions on certain uses and disclosures of protected health information, including those related to disclosures to family members, other relatives, close personal friends, or any other person identified by you. We are, however, not required to agree to a requested restriction. If we do agree to a restriction, we must abide by it unless you agree in writing to remove it.
- The right to reasonable requests to receive confidential communications of protected health information from us by alternative means or at alternative locations.
- The right to inspect and copy your protected health information.
- The right to amend your protected health information.
- The right to receive an accounting of disclosures of protected health information.
- The right to obtain a paper copy of this notice from us upon request.

We are required by law to maintain the privacy of your protected health information and to provide you with notice of our legal duties and privacy practices with respect to protected health information.

This notice is effective as of January 1, 2011 and we are required to abide by the terms of the Notice of Privacy Practices currently in effect. We reserve the right to change the terms of our Notice of Privacy Practices and to make the new notice provisions effective for all protected health information that we maintain. You may request a written copy of the Notice of Privacy Practices from this office at any time.

You have recourse if you feel that your privacy protections have been violated. You have the right to file written complaint with our office, or with the Department of Health & Human Services, Office of Civil Rights, about violations of the provisions of this notice or the policies and procedures of our office. We will not retaliate against you for filing and complaint.

For more information about HIPAA or to file a complaint:

The U.S. Department of Health & Human Services  
Office of Civil Rights  
200 Independence Avenue, S.W.  
Washington, D. C. 20201  
(202) 619-0257  
Toll Free: 1-877-696-6775