

Casey C. Arney, M.D.  
 30 Burton Hills Blvd., Suite 375, Nashville, TN 37215  
 615-327-4877 fax: 615-327-4881

### Hamilton Depression Rating Scale

The total Hamilton Depression (HAM-D) Rating Scale provides an indication of depression, and over time, provides a valuable guide to progress.

Classification of symptoms which may be difficult to obtain can be scored as: 0-absent; 1-doubtful or trivial; 2-present. Classification of symptoms where more detail can be obtained can be expanded to: 0-absent; 1-mild; 2-moderate; 3-severe; 4-incapacitating. In general the higher the total score the more severe the depression.

HAM-D score level of depression: 10-13 mild; 14-17 mild to moderate; >17 moderate to severe

HAM-D Rating Scale	Pre-treatment	1 <sup>st</sup> follow up	2 <sup>nd</sup> follow up
Symptoms	Date: _____	Date: _____	Date: _____
1. Depressed mood	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
2. Guilt Feelings	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
3. Suicide	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
4. Insomnia – early	0 1 2	0 1 2	0 1 2
5. Insomnia – middle	0 1 2	0 1 2	0 1 2
6. Insomnia – late	0 1 2	0 1 2	0 1 2
7. Work and activities	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
8. Retardation – psychomotor	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
9. Agitation	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
10. Anxiety – psychological	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
11. Anxiety – somatic	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
12. Somatic symptoms GI	0 1 2	0 1 2	0 1 2
13. Somatic symptoms-General	0 1 2	0 1 2	0 1 2
14. Sexual dysfunction- menstrual disturbance	0 1 2	0 1 2	0 1 2
15. Hypochondrias	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
16. Weight loss- by history	0 1 2	0 1 2	0 1 2
- by scales	0 1 2	0 1 2	0 1 2
17. Insight	0 1 2	0 1 2	0 1 2
 Total Score:	 _____	 _____	 _____